



No.	Part No.	Description
1	280-F03	Rear Unit
2	280-F04	Crank Arm
3	280-F05	Connecting Tube
4	280-F06	Foot Bar
5	280-F08	Right Hand Handle
6	280-F09	Left Hand Handle
7	280-F10	Front Column
8	280-F11	Right Hand Front Leg
9	280-F12	Left Hand Front Leg
10	280-F13	Rear Legs
11	280-F16	Right Hand Stabiliser Arm
12	280-F17	Left Hand Stabiliser Arm
13	280-F19	Front Arm Lower
14	280-F24	Tension Arm
15	280-F30	Input / Output Bracket
16	280-F32	Cardio Theater Plug In Moulding 7015
17	280-F33	Shoulder Moulding
18	280-F35	Right Hand Rear Moulding
19	280-F36	PSU Assembly 12V
20	280-F37	Pulse Badge Small
21	31-600	Intermediate Pulley Shaft
22	31-603-2	Bottom Pivot Shaft
23	31-340	Foot Pedal
24	40-374	Cardio Theater Bracket
25	40-377	Bottle Rack
26	40-383	Resistor Mounting Bracket
27	40-384	Control PCB Mounting Bracket
28	40-392	Hall Effect Sensor Mounting Bracket
29	280-F01	Intermediate Pulley
30	50-111	Foot Link Bolt
31	50-118	45mm Crank Arm Key
32	60-459	24mm Crank Arm Key
33	60-460	6mm Square Key
34	26-118	46mm Foot Pedal Link Assembly
35	26-119	90mm Foot Pedal Link Assembly
36	70-290	Foot Adjuster
37	70-367	Handle Bar Insert 34mm OD
38	70-380	Right Hand Foot Moulding
39	70-381	Left Hand Foot Moulding
40	70-383	Console Rear Moulding
41	70-385	Rear Moulding Front Section
42	70-386	Rear Moulding Rear Section
43	70-388	Adjuster Cover Moulding
44	70-389	Outside Pivot Moulding
45	70-390	Inside Pivot Moulding
46	70-391	Sweat Guard
47	70-392	Moving Handle Hand Grip
48	70-394	Static Handle Hand Grip
49	70-396	Cardio Theater Base Moulding
50	70-405	Left Hand Rear Moulding
51	70-414	Rectangular Foot Pad
52	70-419	175mm Shock Cord
53	100-117	280F Control Board
54	100-118	280F Cable Splice
55	105-138-2	375W Resistor & Cable
56	100-135	Power Switch
57	100-138	6W Panel Plug Black
58	100-169	RJ12 In Line Coupler
59	115-100	Disconnection Warning Decal
60	115-132	Cleaning + Caution Decal
61	115-133	Rear Drive Danger Decal
62	115-139	Pulse Logo Branding Decal
63	115-140	Extreme Logo Branding Decal
64	26-022	Pillow Block Bearing
65	26-031	25 ID Flanged Oilite Bush
66	26-075	Speed Sensor Magnet
67	26-113	6304-2RS1 Bearing
68	26-216	Cardio Theater Plug In Board
69	26-255	20mm External Circlip
70	26-920	Mains Lead 2m Black
71	26-922	Pulse Water Bottle
72	26-976	KM6 Lock Nut
73	26-977	M8 Tab Washer
74	26-978	ASAH-1T4/0204 Pillow Block BRG
75	26-979	30 ID Flanged Oilite Bush
76	26-980	Polyvee Belt 260 J8
77	26-981	Polyvee Belt 550 J10
78	26-984	Stand Off
79	26-117	Rubber Grommet
80	26-1014	Conical Bump Stop Hard Compound
81	26-1024	Anti Slip Pad
82	26-1031	Cable Tie Push Mounted
83	26-1040	Hi Steel 'S' Hook
84	35-135	U-Nut
85	35-136	Main Drive Pulley Assembly
86	26-120	280F Alternator Assembly
87	26-121	M10 x 25 Hex Skt Button Head
88	35-092	M10 Spring Washer
89	35-090	M10 Flat Washer
90	35-091	M6 x 90 Pozi HD Bolt
91	35-092	M10 x 45 Hex Skt Button Head
92	35-071	M10 Nyloc Nut 'T' Type
93	35-013	M8 x 20 Hex HD HT Bolt
94	35-080	M8 Flat Washer
95	35-069	M8 Nyloc Nut 'T' Type
96	35-301	M8 x 40 Hex HD Set Screw
97	35-302	M8 Lock Nut
98	35-364	M12 x 100 Hex HD HT Bolt
99	35-365	M12 Spring Washer
100	35-048	M12 Flat Washer
101	35-037	M12 Nyloc Nut 'T' Type
102	35-164	M8 x 25 Hex Skt Knurled Cap Screw
103	35-366	M6 x 5 Grub Screw
104	35-025	M10 x 100 Hex HD HT Bolt
105	35-036	M8 x 20 Hex Skt Knurled Cap Screw
106	35-130	M8 Spring Washer
107	35-367	M8 x 45 Hex Skt Knurled Cap Screw
108	35-368	M10 x 60 Hex Skt Knurled Cap Screw
109	35-369	M3 x 18 Pozi HD Screw
110	35-370	M3 Locknut
111	35-272	M6 x 10 Socket HD Cap Screw
112	35-372	M10 Nylon Washer Ø 25 OD
113	35-274	M6 x 20 Hex HD HT Bolt
114	35-268	M6 Flat Washer
115	35-085	M6 Nyloc Nut 'T' Type
116	26-252	25mm External Circlip
117	35-011	M10 x 25 Hex HD HT Set Screw
118	35-373	M10 x 95 Hex HD HT Bolt
119	35-374	M10 x 15 Hex Skt Button Head
120	35-039	M8 x 20 Csk HD Screw
121	35-039	M12 x 30 Hex Skt Knurled Cap Screw
122	35-375	M12 Special Washer 35 OD
123	35-376	M5 x 8 Csk HD Screw
124	35-125	M5 x 12 Pozi HD Screw
125	35-340	M6 Locknut
126	35-377	Pozi Pan Self Drilling Screw
127	35-152	No 8 x 5/8 Pozi Flange Screw
128	35-338	M5 x 10 Pozi PNH Screw
129	35-378	No 8 x 13mm Pozi Flange Screw
130	35-379	M5 x 55 Pozi PNH Screw
131	280-F26	Rear Brace
132	26-959	Hand Pulse Sensor
133	26-085	Rotary Ball Bearing 6004ZZ
134	26-096	Rotary Ball Bearing 6206ZZ
135	70-406	Tube Insert
136	31-602	Arm Top Pivot Shaft
137	26-135	280F Console Complete Assembly
138	110-205	280F Console Facia Overlay
139	70-422	Crank Arm Boss Rubber Bush
140	26-983	Rotary Ball Bearing 6005ZZ
141	31-525	Pivot Shaft Special Washer
142	6-310	Pivot Shaft Retaining Bracket
143	105-137	Hall Effect Sensor Cable Assembly
144	26-141	Power / Network Rating Plate c/w Decal
145	26-140	Intermediate Pulley Complete Assembly
146	26-137	L/H Handle Complete Assembly
147	26-138	R/H Handle Complete Assembly
148	105-142	Shoulder Joint Nylon Spacer
149	35-136	20mm ID Flat Washer
150	26-139	30mm OD 12mm ID 0.2mm Thk Shim
151	26-156	Tension Arm Assembly
152	105-136-4	Power Input Cable
153	105-138-2	Resistor Cable Assembly
154	105-139-3	Alternator Cable
155	105-140-2	Control Cable (Console End)
156	105-141-4	Control Cable (Console Bd End)
157	105-142-3	5V Powercable
158	105-143-5	RS485 Cable x 1850
159	105-146-1	12V Power Link Cable Assembly
160	105-147-3	Cardio Theater - Rear
161	105-148-2	Cardio Theater - Front
162	105-149-2	Cardio Theater Jack Socket
163	105-158-A	5V Powercable - Front
164	35-282	M6 Penny Washer
165	35-085	M6 Nyloc Nut
166	105-100-2	Polar Cable Assembly
167	*	* = Not Shown in Illustration

