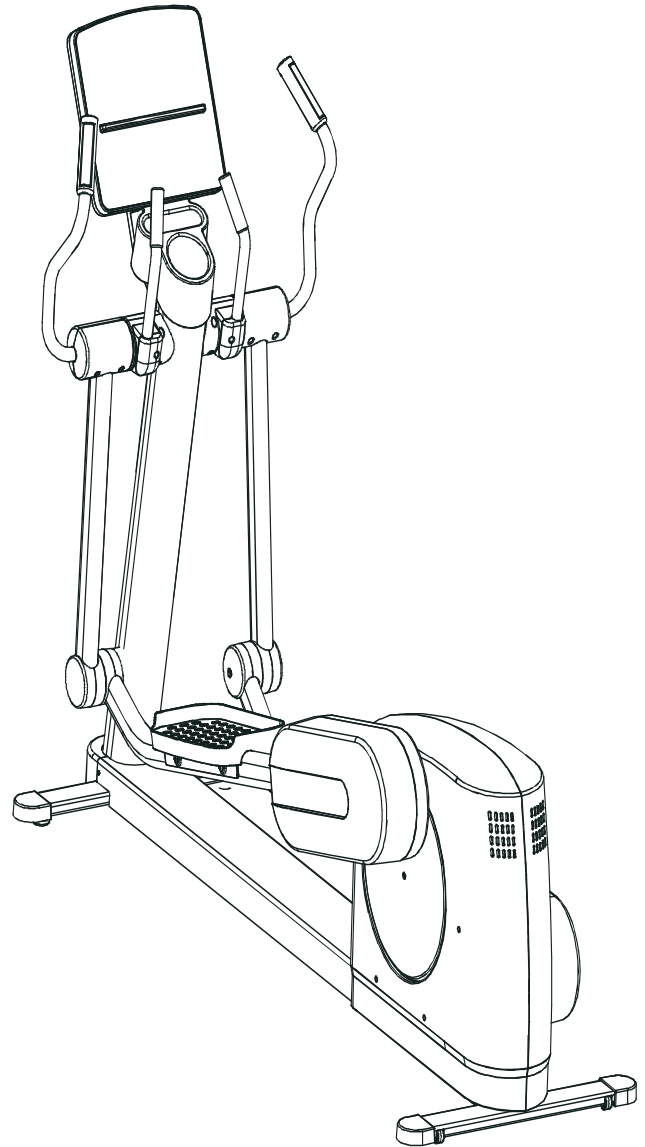
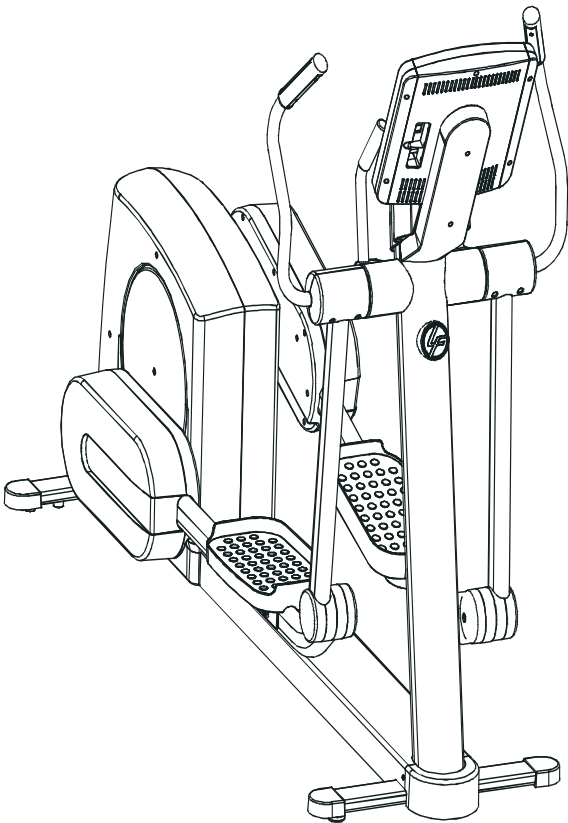


# LifeFitness

ARCTIC SILVER QUIET DRIVE  
CROSS TRAINER 95X-0XXX-05  
(Hungary built Ct for Domestic sales)



## Customer Support Services PARTS MANUAL

rev 03 Feb 2014

**ARCTIC SILVER QUIET DRIVE 95Xi****REFERENCES****95X-0XXX-05****S/N XHK073903956 –  
XHK??????????**

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OPERATION MANUAL	M051-00K62-A107
SERVICE MANUAL	M051-00K62-A149
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE W/APPLICATOR .33 OZ PEN	0017-00008-0204 0017-00008-0205 0017-00008-0206
HARDWARE BAG	AK62-00152-0001
ACCESS PANEL ASSEMBLY CONSISTS OF: 120" COAX CABLE 120" POWER EXTENSION CABLE BRACKET F-TYPE PANEL CONNECTOR #8 PLASTIC GROMMET	AK62-00210-0000 AK32-00020-0002 AK32-00078-0001 0K62-01179-0001 0017-00021-2846 0017-00042-0754
PLUG IN OPTION 120/60	GK62-00002-0018
PLUG IN OPTION 240/50 UK	GK62-00002-0019
PLUG IN OPTION 240v AUS	GK62-00002-0020
PLUG IN OPTION 230/50 CONT	GK62-00002-0021

**Note: This model has both Life Pulse sensors and Telemetry for reading Heart Rate.**

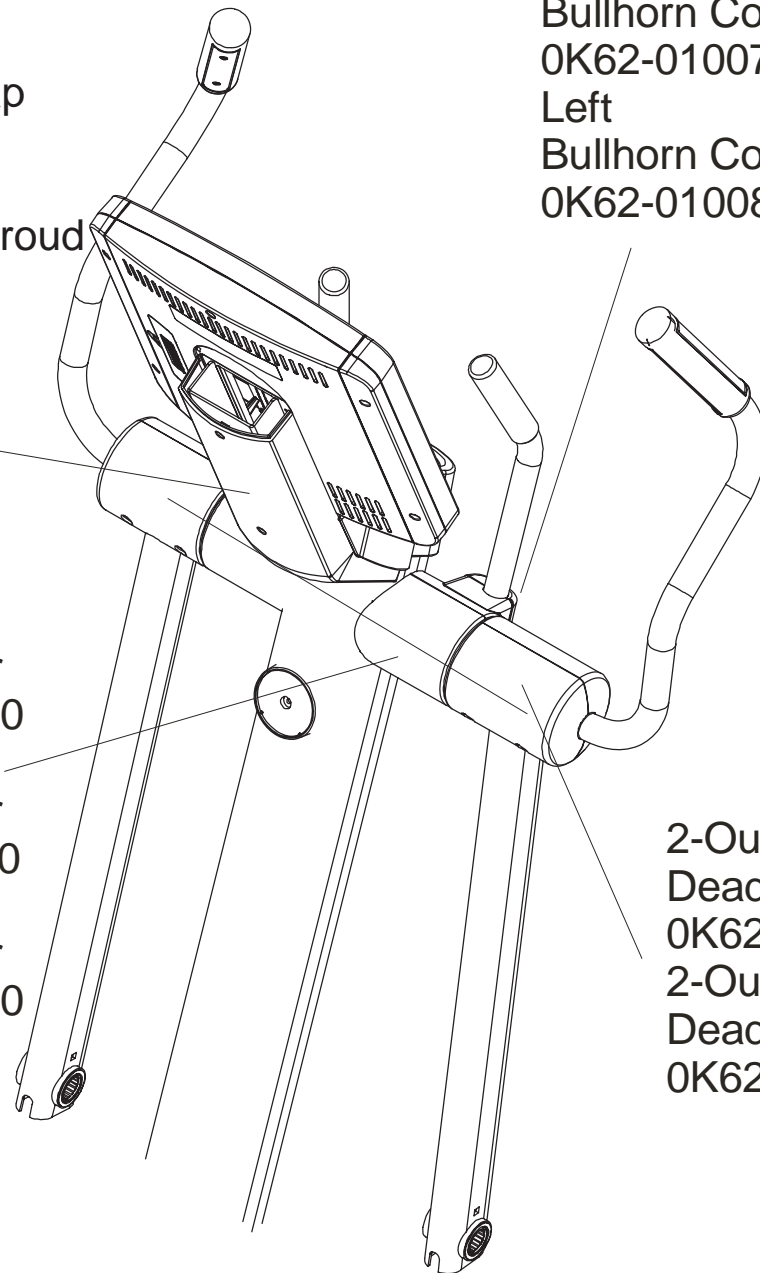
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Console Support  
AK62-00123-0000  
Console Support Cap  
OK62-01030-0001  
(Stealth Gray)  
Console Support Shroud  
OK62-01023-0001  
(Stealth Gray)  
OK62-01031-0001  
(Stealth Gray)

Right  
Bullhorn Cover  
OK62-01007-0001  
Left  
Bullhorn Cover  
OK62-01008-0001

Right Inside  
Deadshaft Cover  
OK62-01010-0000  
Left Inside  
Deadshaft Cover  
OK62-01011-0000  
2-Front Inside  
Deadshaft Cover  
OK62-01009-0000

2-Outside Front  
Deadshaft Cover  
OK62-01012-0000  
2-Outside Rear  
Deadshaft Cover  
OK62-01013-0000



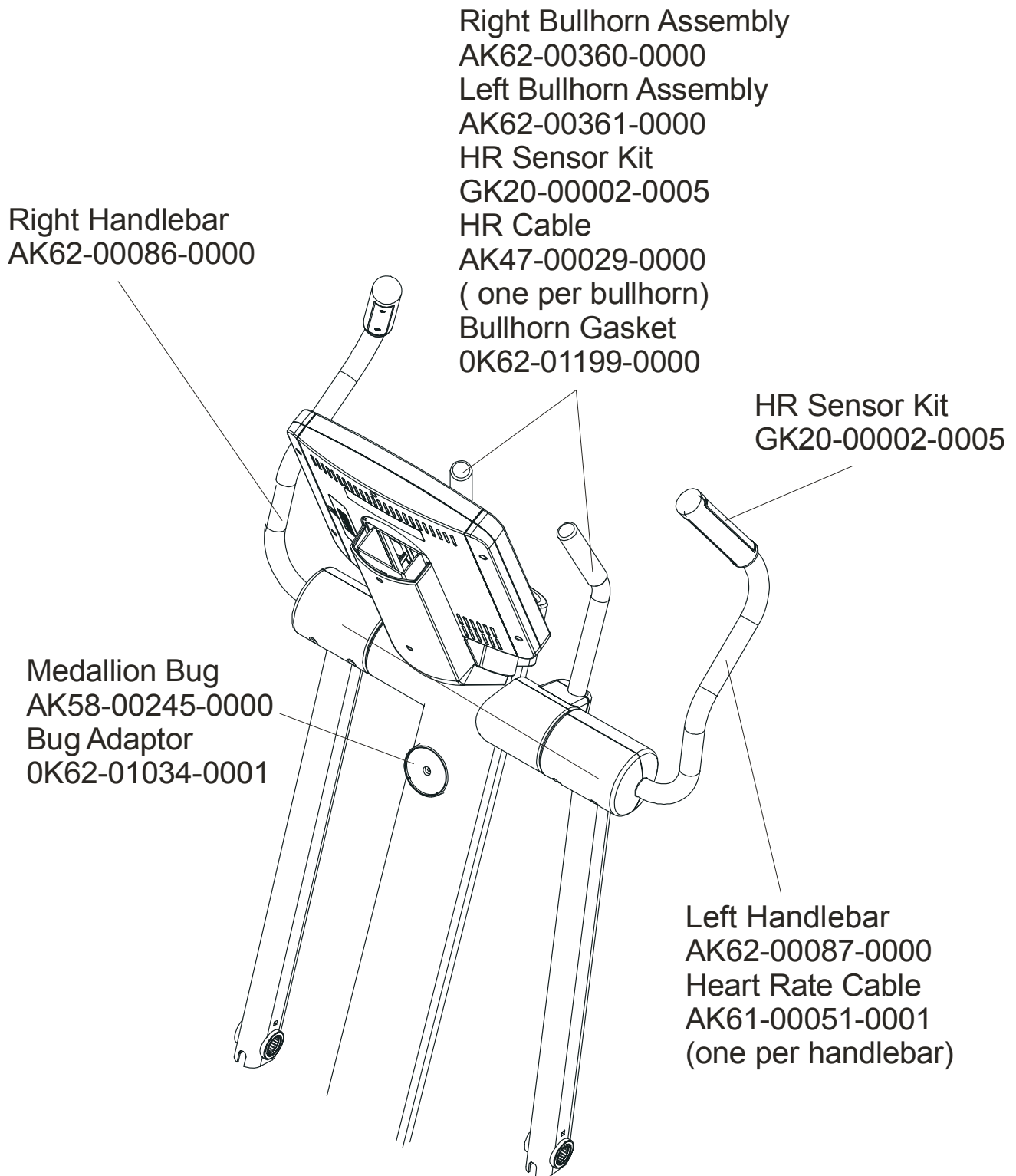
# ARCTIC SILVER QUIET DRIVE 95Xi

## Handlebars and Bullhorns

95X-0XXX-05

S/N XHK073903956 –

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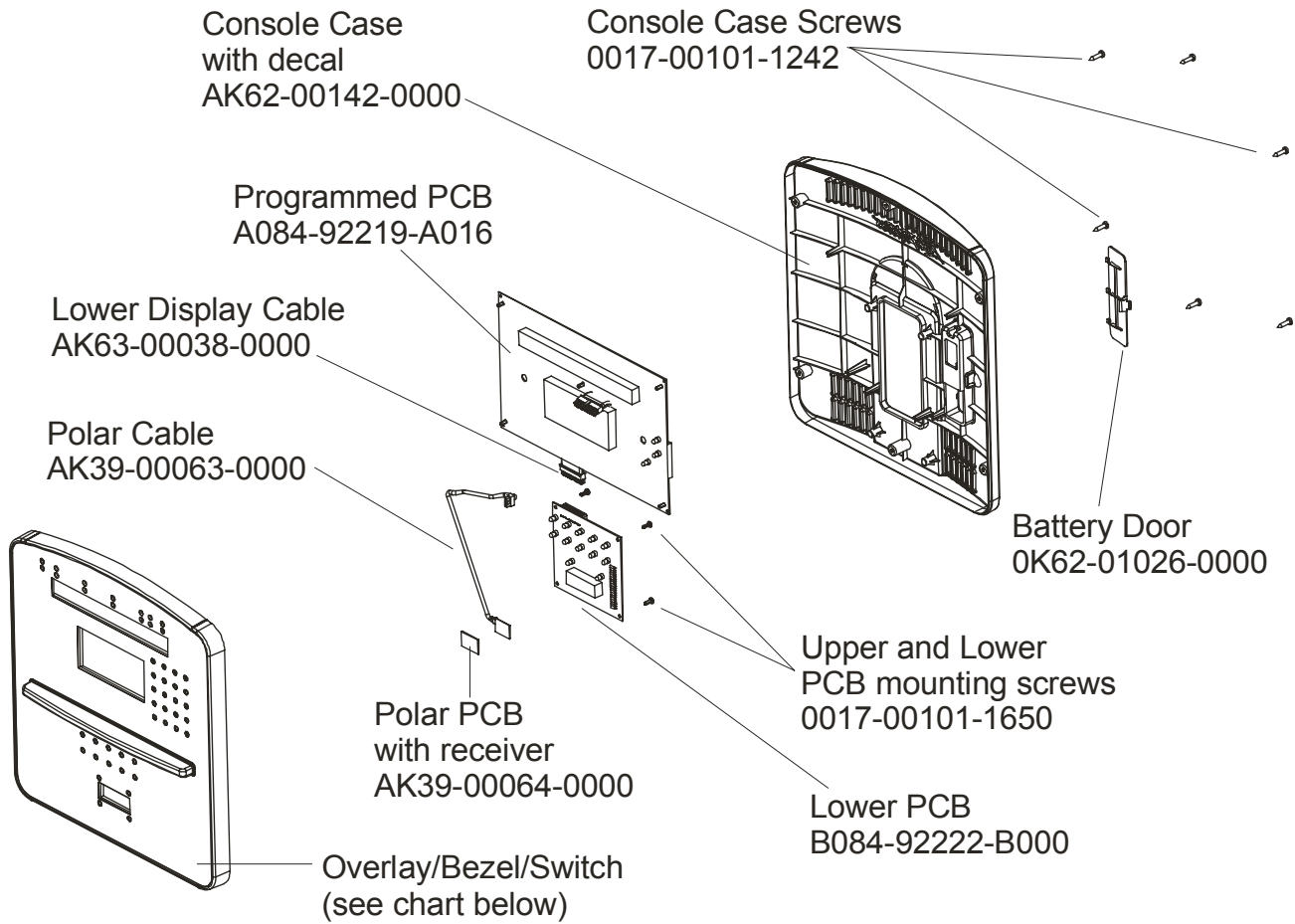
# ARCTIC SILVER QUIET DRIVE 95Xi

## Console & Related components

95X-0XXX-05

S/N XHK073903956 –

XHK???????????



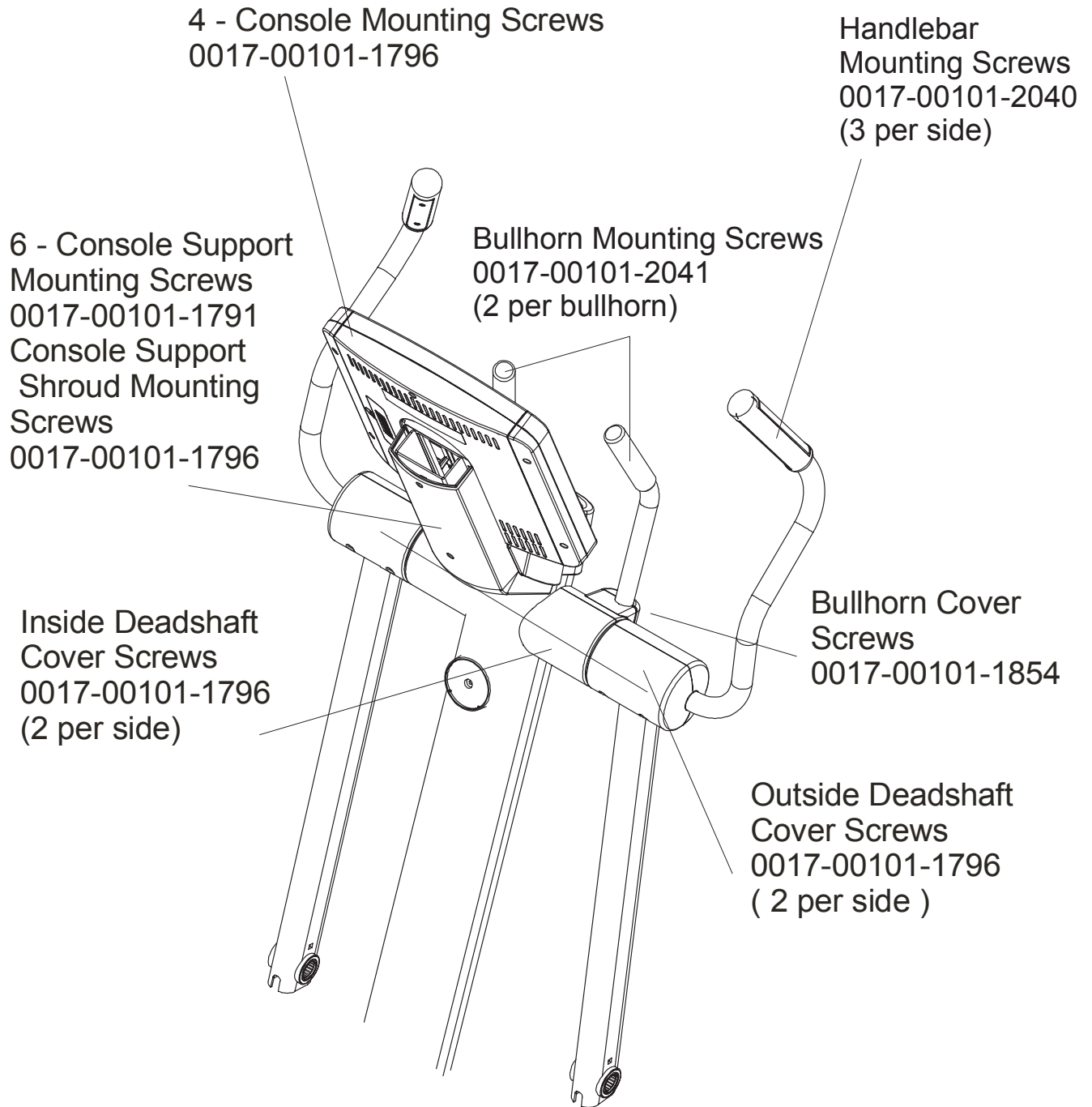
CONSOLE	OVERLAY/BEZEL/SWITCH	LANGUAGE
AK62-00329-0001	AK62-00191-0001	Eng + Met
AK62-00329-0003	AK62-00191-0003	Ger/Met
AK62-00329-0004	AK62-00191-0004	Spn/Met
AK62-00329-0006	AK62-00191-0006	Jap/Met
AK62-00329-0007	AK62-00191-0007	Frn/Met
AK62-00329-0008	AK62-00191-0008	Ital/Met
AK62-00329-0009	AK62-00191-0009	Dut/Met
AK62-00329-0010	AK62-00191-0010	Port/Met
AK62-00329-0014	AK62-00191-0014	Turk/Met

# ARCTIC SILVER QUIET DRIVE 95Xi

## Upper Frame Hardware

95X-0XXX-05

S/N XHK073903956 –  
XHK??????????



### Items Not Shown:

Accessory Tray	0K62-01022-0001 (Stealth Gray)
Mounting Screws (2)	0017-00101-1846

# ARCTIC SILVER QUIET DRIVE 95Xi

## Rocker Arms & Pedal Levers

95X-0XXX-05

S/N XHK073903956 –

XHK??????????

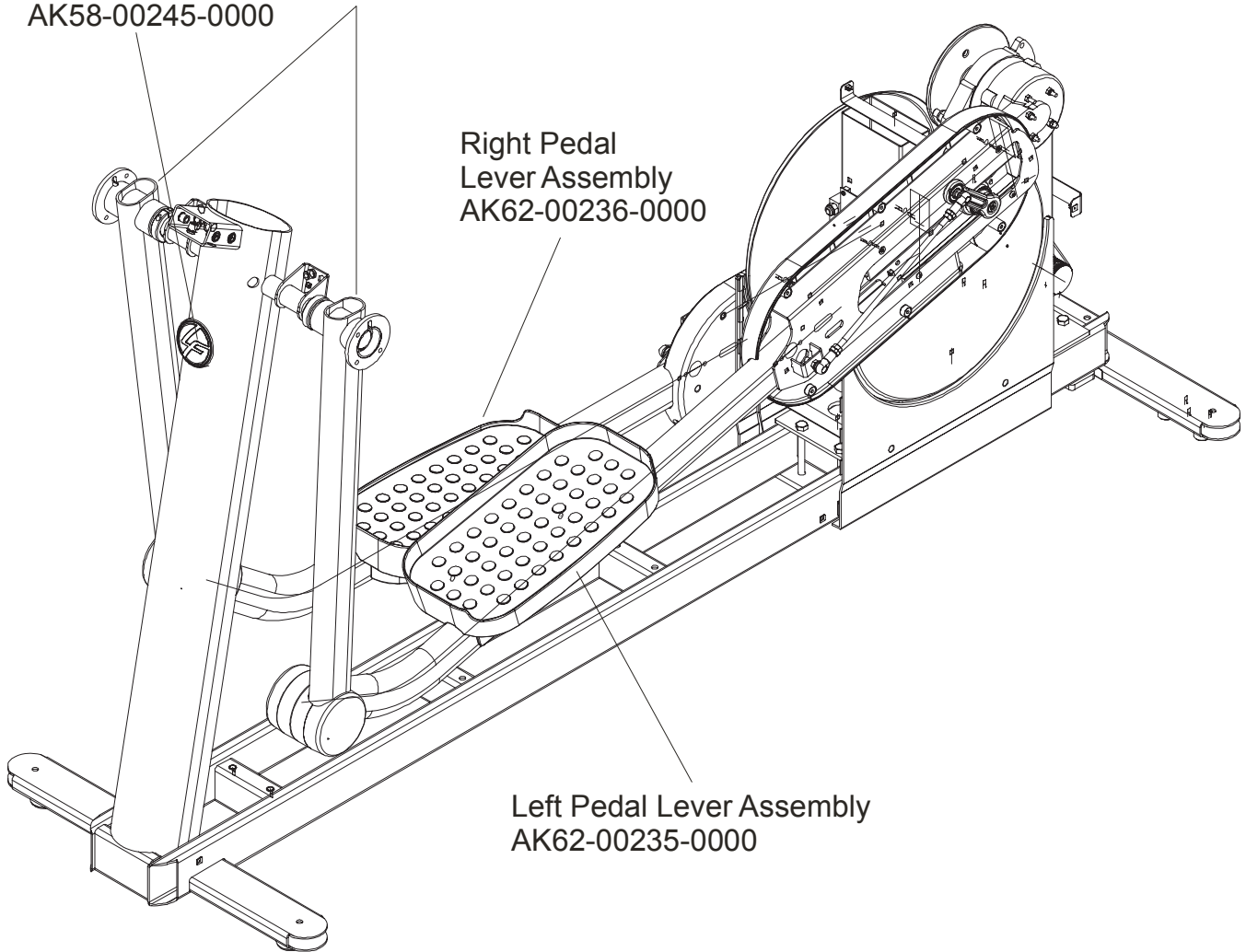
Rocker Arms Kit  
GK62-00002-0070  
contents:  
Rocker Arms (2)  
Hardened Spacers (2)  
Oilite Washers (2)  
Retaining Rings (2)  
Loctite 620  
Alcohol pad

Rocker Arms  
AK62-00062-0001  
Shaft Collar w/screws  
M0K61-01259-0000  
Washer  
0017-00104-0418  
Retaining Ring  
0017-00100-0178

LF Bug  
Medallion Assy.  
AK58-00245-0000

Right Pedal  
Lever Assembly  
AK62-00236-0000

Left Pedal Lever Assembly  
AK62-00235-0000





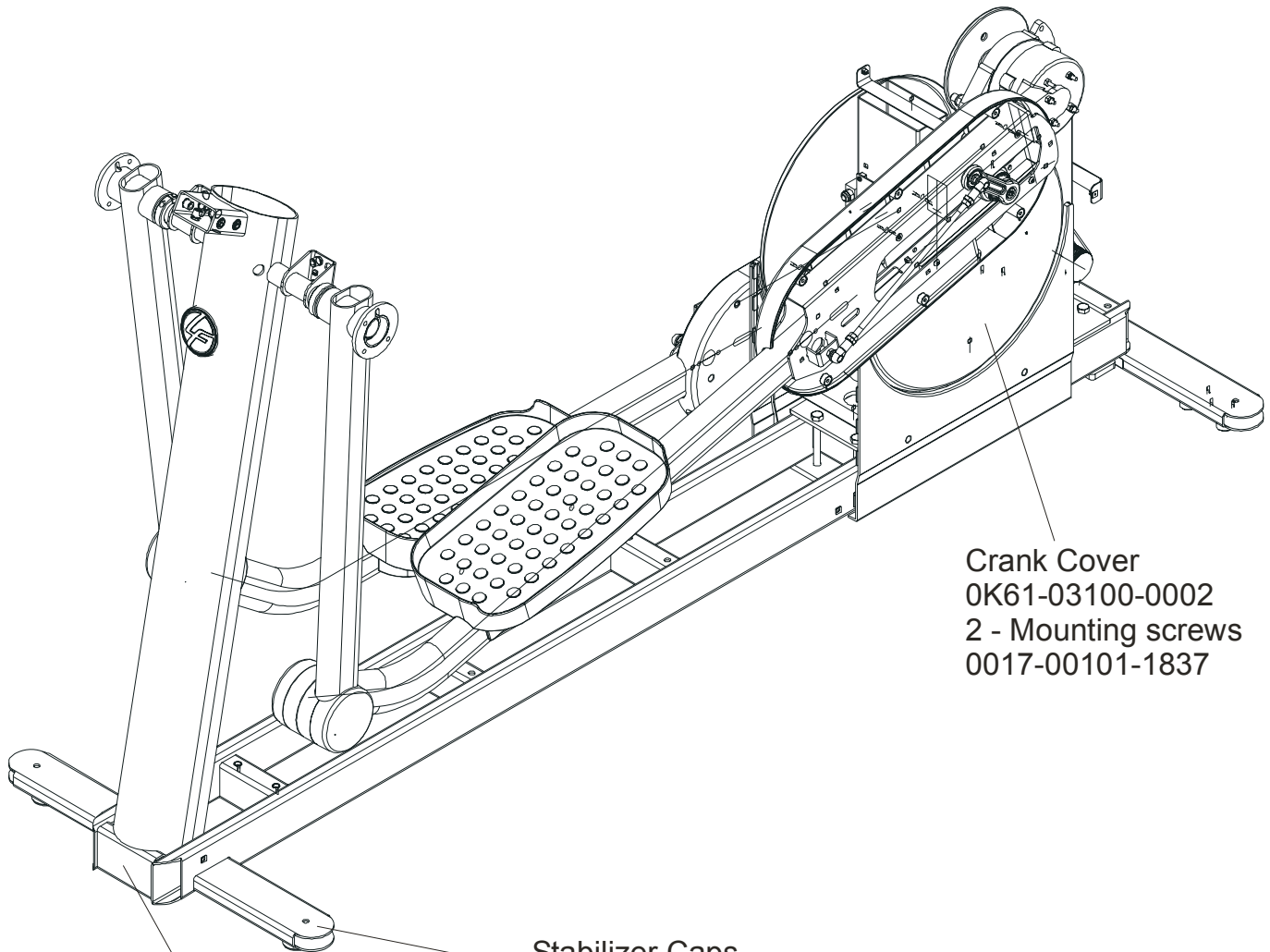
# ARCTIC SILVER QUIET DRIVE 95Xi

## Crank Cover and Lower Caps

95X-0XXX-05

S/N XHK073903956 –

XHK??????????



Crank Cover  
OK61-03100-0002  
2 - Mounting screws  
0017-00101-1837

Stabilizer Caps  
4 - OK68-01130-0201

Front Frame Cap  
OK62-01004-0002  
(Stealth Gray)  
Mounting Screws  
(Located on front sides of Ladder Frame Cover)  
2- 0017-00101-1795

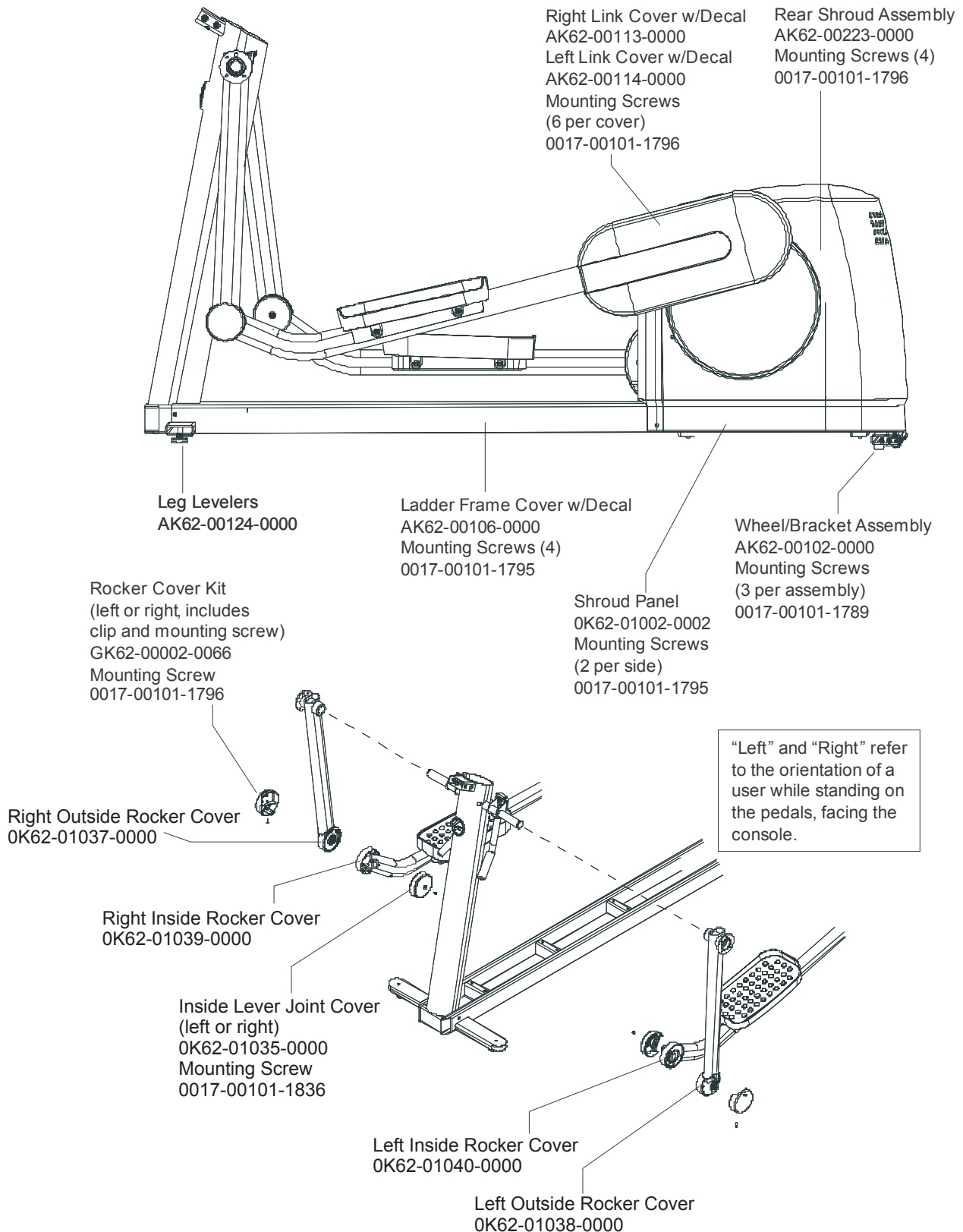
# ARCTIC SILVER QUIET DRIVE 95Xi

## Lower Frame Shrouds & Hardware

95X-0XXX-05

S/N XHK073903956 –

XHK??????????



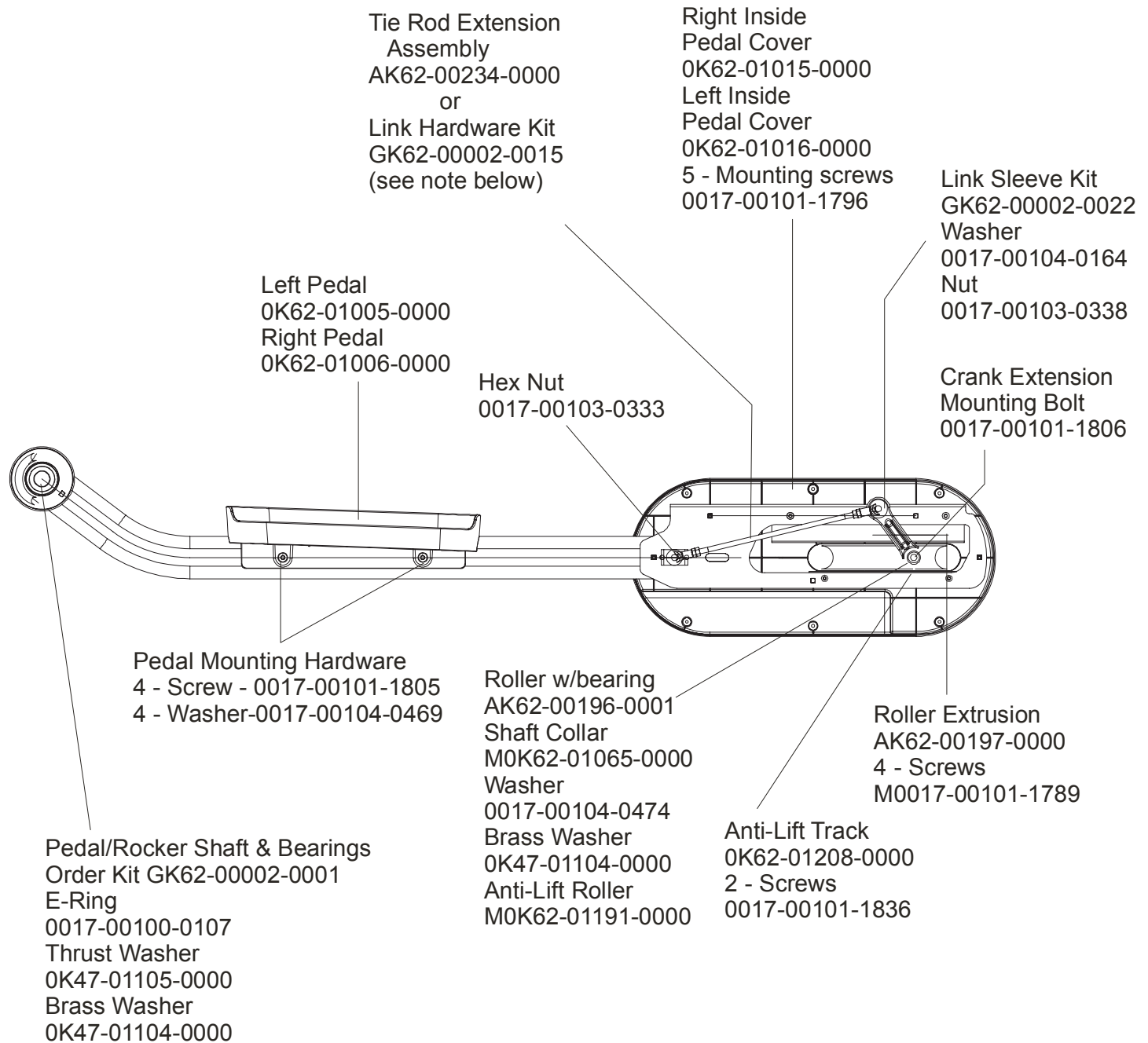
# ARCTIC SILVER QUIET DRIVE 95Xi

## Pedal Lever Assembly Components

95X-0XXX-05

S/N XHK073903956 –

XHK??????????



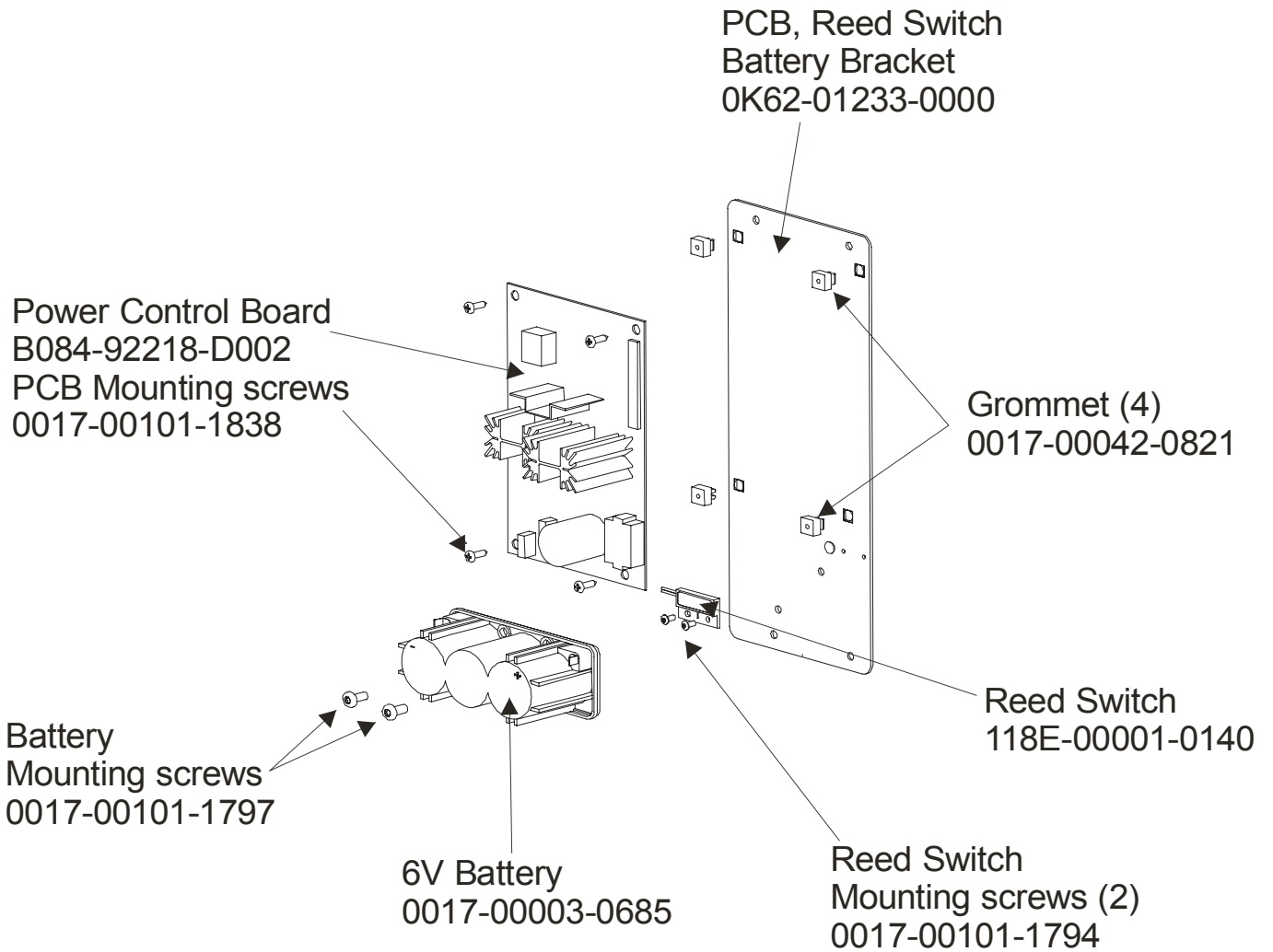
**ARCTIC SILVER QUIET DRIVE 95Xi**

**PCB, Battery, Reed Switch & Bracket**

**95X-0XXX-05**

**S/N XHK073903956 –**

**XHK??????????**



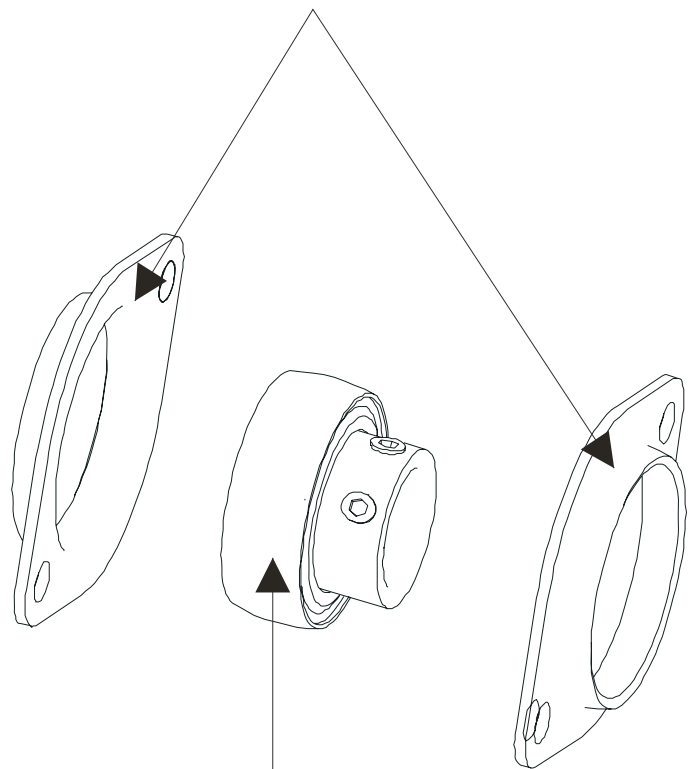
Service Kit-  
GK62-00002-0044  
Includes:

- 1 - crankshaft
- 2 - bearings
- 2 - sets of bearing flanges
- 4 - weldnuts and flat washers
- 4 - bolts

Service Kit- GK62-00002-0045  
Includes:

- 1 - intermediate shaft
- 2 - bearings
- 2 - sets of bearing flanges
- 4 - weldnuts and flat washers
- 4 - bolts

Bearing Flanges (2)  
0K62-01220-0000



1" Bearing  
0K62-01221-0000

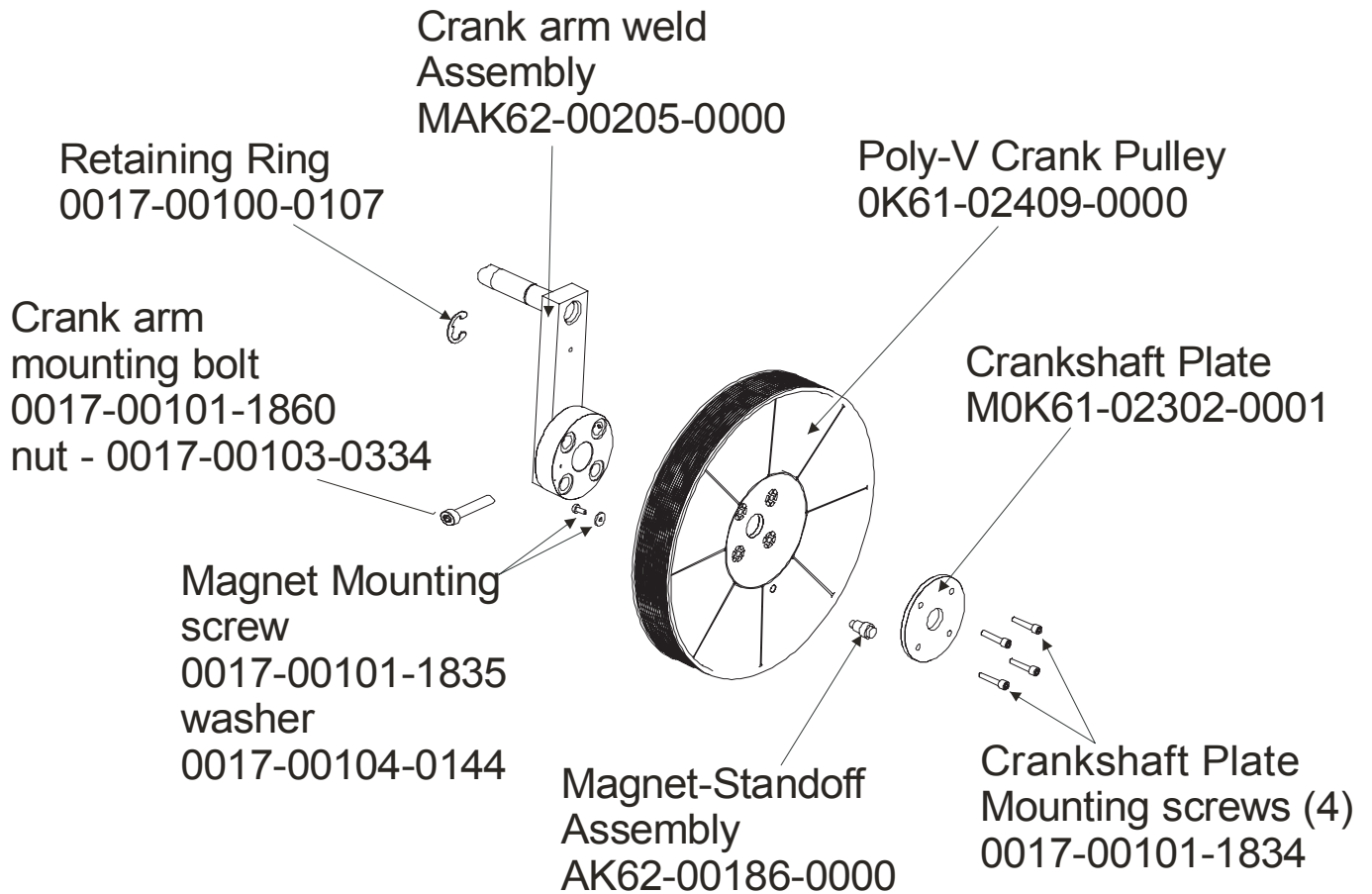
**ARCTIC SILVER QUIET DRIVE 95Xi**

**Crank Arm Pulley Assembly**

**95X-0XXX-05**

**S/N XHK073903956 –**

**XHK??????????**



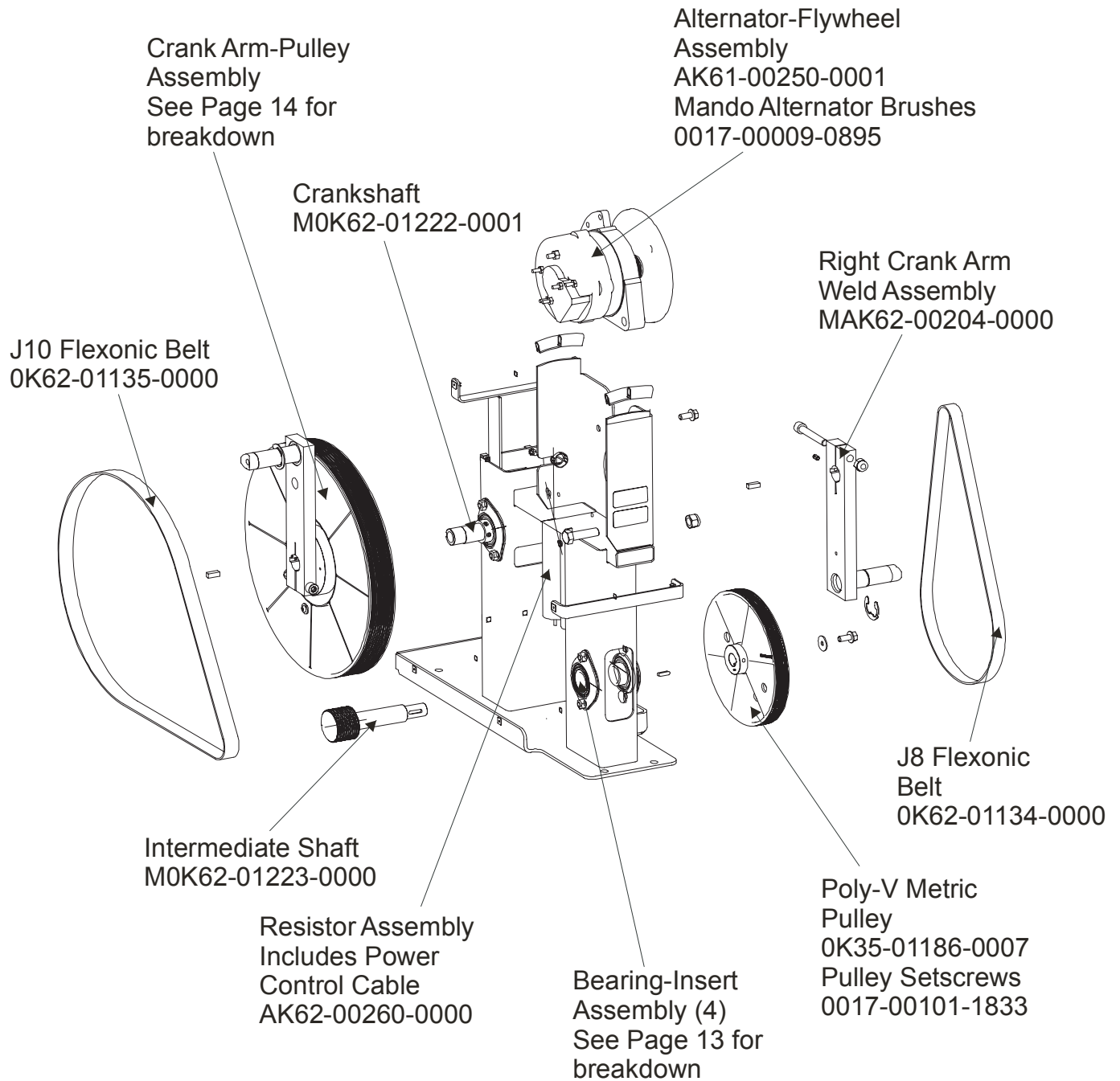
# ARCTIC SILVER QUIET DRIVE 95Xi

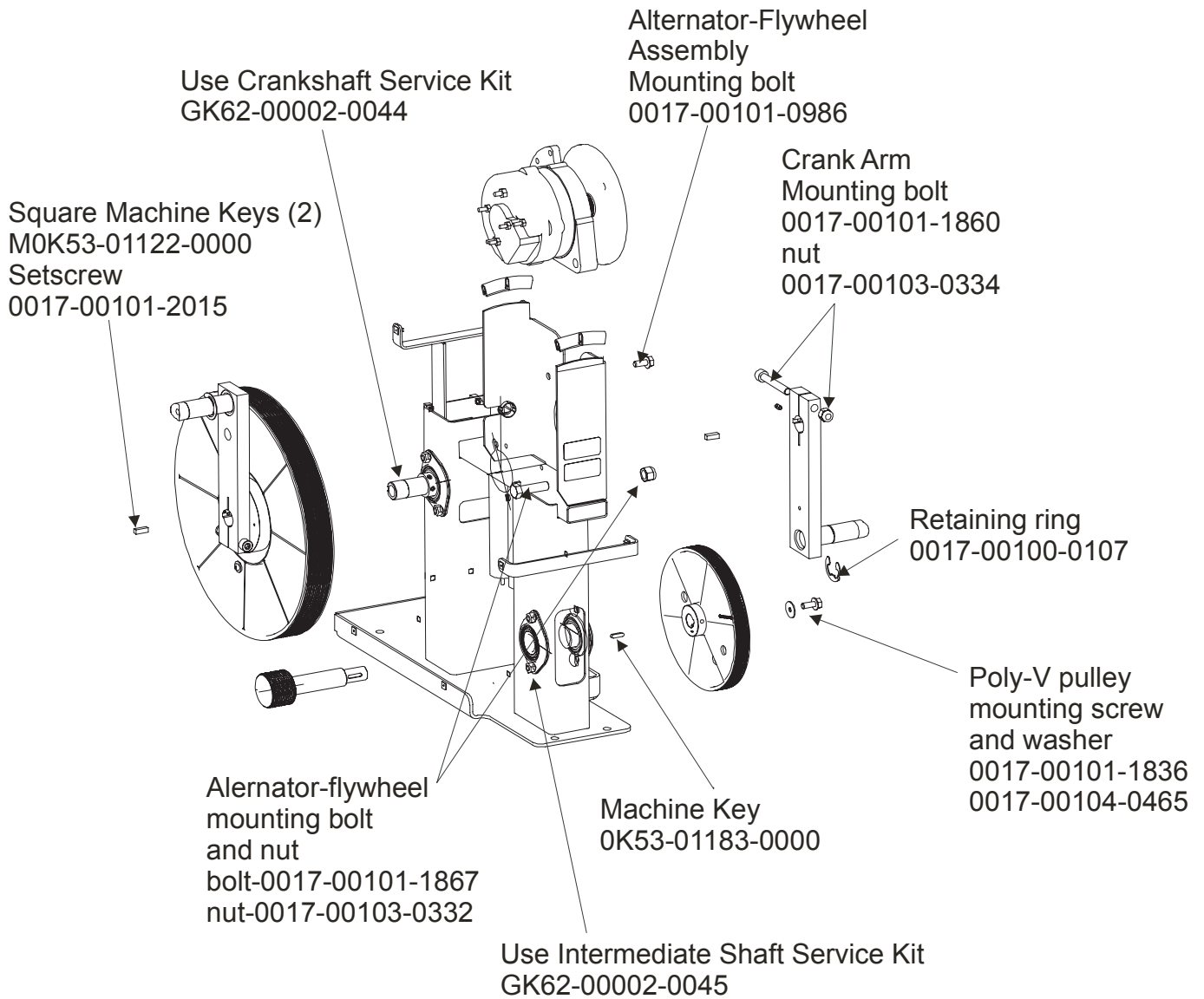
Drive Module

95X-0XXX-05

S/N XHK073903956 –

XHK??????????







# ARCTIC SILVER QUIET DRIVE 95Xi

## Cables

95X-0XXX-05

S/N XHK073903956 –

XHK???????????

