

Signature Cable List as of 12/2/2011

<u>Model</u>	<u>Description</u>	<u>Signature Cable Part #</u>	<u>Qty</u>	<u>Cable Description</u>
FZAB	Abdominal	7423724	1	CABLE, FZAB 125-1/4
FZADC	Assisted Dip Chin	7423727	1	CABLE, FZADC 82-1/2
FZBC	Biceps Curl (stack) (work arms)	7423606	1	CABLE, FZBC-1 X 130-1/2
		7423804	1	CABLE, FZBC-2 X 122-1/4
FZBE	Back Extension	7423718	1	CABLE, FZBE X 83-1/2
FZCE	Calf Extension	7423613	1	CABLE, FZCE X 107
FZCP	Chest Press (stack) (push-pull)	7423604	1	CABLE, FZCP X 165-3/4
		7445501	1	ASSY, CABLE PUSH-PULL
FZFLY	Fly (stack) (figure 8)	7423716	1	CABLE, FZFLY X 128-1/4
		7573702	2	CABLE, FZFLY X 29-1/2
FZGL	Glute	7423719	1	CABLE, FZGL 166
FZHAB	Hip Abduction (stack) (figure 8)	7423722	1	CABLE, FZHAB X 137-1/2
		7573701	2	CABLE, PSHAD/HAB X 25-7/8
FZHAD	Hip Adduction (stack) (figure 8)	7423720	1	CABLE, FZHAD X 139
		7573701	2	CABLE, PSHAD/HAB X 25-7/8
FZLC	Leg Curl	7423726	1	CABLE, FZLC 123-1/2
FZLE	Leg Extension	7423708	1	CABLE, FZLE X 117-7/8
FZLR	Lat Row (stack) (cam)	7423717	1	CABLE, FZLR-1 X 111-1/2
		7423806	1	CABLE, FZLR-2 82-3/8
FZPD	Pull Down	7423603	1	CABLE, FZPD X 175
FZPEC	Pectoral	7423809	1	CABLE, FZPEC 224-1/2
FZRW	Row	7423607	1	CABLE, FZRW X 150-1/4
FZSLC	Seated Leg Curl	7423711	1	CABLE, FZSLC X 116-5/8
FZSLP	Seated Leg Press (stack) (lower)	7423709	1	CABLE, FZSLP-1/FZHAB-1 X 137-1/4
		7423805	1	CABLE, FZSLP-2 80-1/8
FZSP	Shoulder Press	7423601	1	CABLE, FZSP X 149
FZTP	Tricep Press	7423605	1	CABLE, FZTP X 197-5/8
FZTR	Torso Rotation	7423614	1	CABLE, FZTR X 119-1/2
SSM	Smith Machine	8328401	2	CABLE, SSM

